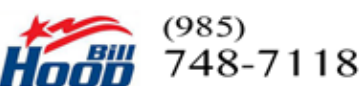


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This space available. Contact St. Helena Catholic Church 985-748-9057	 Pink Agave 122 W. Oak Street, Amite, LA 70422-2716 St. Helena Catholic Church Knights of Columbus, Council 10911  For Membership information call 225-324-5784	JEFF & ARLENE ALSTON 15003 TONEY ROAD INDEPENDENCE, LA 70443 jalston520@gmail.com Arlenealston26@gmail.com Phone: 985-969-3323 985-969-3328	
	 Full of Grace, Inc. fullofgraceorg.com St. Joseph Pavillion St. John Vianney Villa - Priest Retirement Home		

14th Sunday
in Ordinary Time
July 5, 2026

“Come to Me,
all you who labor and are burdened,
and I will give you rest.

Take My yoke upon you and learn from Me,
for I am meek and humble of heart;
and you will find rest for yourselves.
For My yoke is easy, and My burden light.”
Matthew 11:25-30



The Church Bulletin

Serving the communities of St. Helena Catholic Church,
Mater Dolorosa Catholic Church and St. Dominic Catholic Church

The Office is located at 122 South 1st Street Amite, LA 70422

Office Hours: Monday - Thursday 8:00am - 3:00pm, Friday 8:00am - 12:00pm

• STAFF •

Pastor, Rev. Reuben Dykes
Parochial Vicar, Rev. Emilio Gomez
Deacon, Eddie Renz Jr.
Retired Deacon, Nat Garofalo
Retired Deacon, Stephen Ourso
Office Administrator, Laura Faust
Administrative Assistant, Shana Bender
Reception, Susan Higgins
MD Sacramental Coordinator, Joyce Paille
SHCC Sacramental Coordinator, Trudy Currier
DRE, Brogan Webb
Assistant DRE/Youth, Brooke Danna
Music Director MD, Tony Anzalone
Music Director SHCC, Danny Keen

• PHONE •

St. Helena 985-748-9057
Mater Dolorosa 985-878-9639
Mater Dolorosa School 985-878-4295

• MASS SCHEDULE •

Mater Dolorosa
Wednesday - Friday 8:00am
Monday, Tuesday No Mass
Saturday Vigil 4:00pm
Sunday 11:00am
1st Saturday Mass 8:00am

St. Dominic
Tuesday 6:00pm
Sunday 8:15am

St. Helena
Monday, Wednesday - Friday 7:30am
Tuesday No Mass
Saturday 4:00pm
Sunday 9:00am
Sunday Spanish 12:30pm
First Saturday Mass 9:00am in Spanish

• CONFESSION SCHEDULE •

Mater Dolorosa
Wednesday- Friday 7:00-7:45am
1st Saturday 7:00-7:45am
Saturday 3:00-3:45pm

St. Dominic
Tuesday 5:00-5:45pm
Sunday 7:00-7:45am

St. Helena
Monday, Wednesday - Friday 7:00am
Wednesday 5:00pm
Saturday 3:00-3:45pm
Sunday 8:00-8:45am

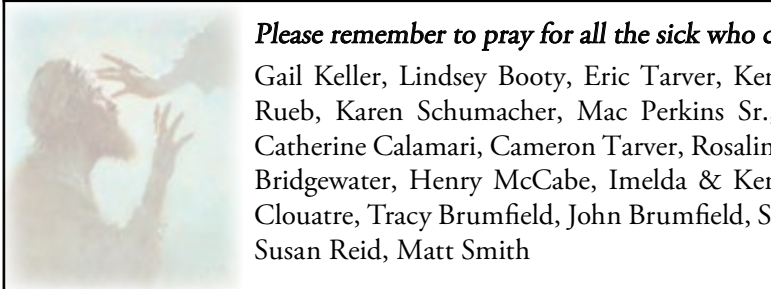
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Welcome To Our Growing Parish Communities!

St. Helena (SHCC) Mass Intentions
Monday, July 6, 2026 7:30am +Maria Angel Pineda
Wednesday, July 8, 2026 7:30am +Savina Campo
Thursday, July 9, 2026 7:30am +Louis Kocke Jr.
Friday, July 10, 2026 7:30am +Joan Scarle
Saturday, July 11, 2026 4:00pm +Father Mark Beard, +Harold & Flo Beard, +Father Howard Adkins, +George & Virginia Chehardy, +Joan Scarle, +Frances Jones, +Dwayne Ardeneaux, +Savina Campo, +Jacob Gifford, +Louis Blanchard, +Harrell Griffin, +Joe & Francis Currier, +Charles Currier, +Gayle Currier, +Marsha Lewis, +Douglas Barman, +John Campo Sr., +Hank Schumacher, +Thomas Bellavia, +Alice Perez, +David Paul Delaune, +Michael Henry, +Bill Higgins, Conversion of Sinners, Marilyn Dees
Sunday, July 12, 2026 9:00am +Father Mark Beard, +Harold & Flo Beard, +Father Howard Adkins, +Charles Currier, +Louis Blanchard, +Frances Jones, +John Campo Sr., +Joan Scarle, +Savina Campo, +Dwayne Ardeneaux, +Jacob Gifford, +Tommy Bellavia, +Hank Schumacher, +Harrell Griffin, +Ronnie Noble, +Alice Perez, +Loretta Genco, +Johnny Weigind, +Maria Angel Pineda, +David Paul Delaune, +Michael Henry, +Bill Higgins, +Souls in Purgatory, Conversion of Sinners, Karen Giglio
Sunday, July 12, 2026 12:30pm The People of the Parish

JULY 5, 2026 14th SUNDAY IN ORDINARY TIME “My grace is sufficient for you.” Consider a calling to the priesthood or consecrated life. God’s grace is all you need. Talk to your priest or reach out to the Vocation Office at 225-336-8778 or via email: ablount@diobr.org



Cover Image: US soldiers attend a Mass in the bombed ruins of the Cologne Cathedral, March 1945; photograher unknown.

Mater Dolorosa (MD) St. Dominic (SD) Mass Intentions
Tuesday, July 7, 2026 SD 6:00pm +Conrad Blunch
Wednesday, July 8, 2026 MD 8:00am +Chris Paille
Thursday, July 9, 2026 MD 8:00am +Carmella Barbier
Friday, July 10, 2026 MD 8:00am +Souls in Purgatory
Saturday, July 11, 2026 MD 4:00pm The People of the Parish
Sunday, July 12, 2026 SD 8:15am +Fain Pecora Moulard, +Beth Boudreaux, +Bob Drude,+Gilbert P. Boudreaux, Sr., +Cherish Phipps, Donna Phipps Hill
Sunday, July 12, 2026 MD 11:00am +Joe Frickey, Living & Deceased of Agnello Family, +Kathryn Anzalone, +Loretta Genco, +Ray Barrios, +Donna Lynn Stewart Davidson, +Dr. F. Fanancy Anzalone, +Rosalie & Carroll Poché



Heavenly Father, creator of mankind, as we are ever mindful of the cost paid for the liberty we possess, we ask You to bless all members of our Armed Forces. Please be their power and protector, leading them from darkness to light. We ask this in Your Holy Name. Amen.

George Van Zandt, Larry Touns, Peter Vangjel, James Hoover, Dennis Touns, William Graham, Vince Owen, Brandon Thompson, Jerry Dyer, Jamie Cutrer, Eric Russell, James Sylvester, Mark Prine, Nic Edwards, Jake Cristina, Scott Swilley, Angie Swilley, Chris Brunet, Jacob Rankin, James Michael Dupuis, Daniel Mays, Jim Bravis Redmond Jr., Daniel Santora, Jerry Simmons, Wesley Corkern, Lucas Edward Thigpen, John Accord, Maxwell Conger, Kyle Joseph Rosalies, Jordon Quinn, Adrian Gonzalez Moreno, Sgt. Matthew Vallot, Lt. Molly Fekete, Wesley Corkern, Jacob Frazier, Braeden Hallmark, Andrew Zaffuto, Blake Blades, Aivah Noble, Jared Guidry, Dillon Guidry, Jonah Brumfield



Greetings Parishioners,

As we continue preparing for another school year, we are excited to share that our faculty is now fully staffed with dedicated, faith-filled educators who are committed to forming the hearts, minds, and souls of our students.

At Mater Dolorosa Catholic School, our mission is to form students in Jesus Christ, instill strong leadership qualities, and promote academic growth and excellence. Every aspect of school life reflects this mission as we partner with parents in the sacred work of educating the whole child.

A Catholic education is about much more than academics. It teaches children that they are loved by God, created with purpose, and called to live lives of faith, service, integrity, and compassion. These values prepare our students not only for future success but also to become faithful disciples and servant leaders within our families, parishes, and communities.

Enrollment for the 2026-2027 school year continues, and we are thankful for the many new families who share our mission and are joining our school community. We still have limited openings in select grade levels, but those spaces are filling quickly. We invite you to schedule a personal tour and experience the difference for yourself.

Thank you to our parish families, alumni, volunteers, and benefactors for your continued prayers and support. Together, we are building a community where Christ is at the center of all we do.

As St. Elizabeth Ann Seton beautifully said, “Be children of the Church.” May God continue to bless our school, our parishes, and all the families we are privileged to serve.

In Christ,
Melissa Capadona, Principal, Mater Dolorosa Catholic School



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wilsonsheatandcooling@gmail.com



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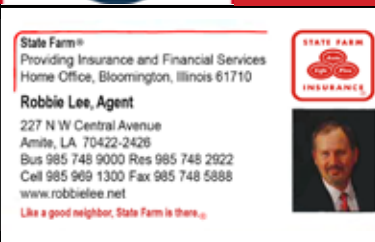


St. Helena Catholic Church
Catholic Daughters of America
Court #2536

Meetings held every 2nd Monday of the Month.



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The Carmelite Sisters of the Most Sacred Heart of Los Angeles
announce the Total Consecration to Christ by the

First Profession of Vows

Sister Zélie Marie
of the Most Blessed Sacrament (Howes), O.C.D.

Thursday, July 16, 2026
2:00 pm

Sacred Heart Chapel
920 East Alhambra Rd., Alhambra, California 91801



Scan to register today!

Medjugorje Pilgrimage 2027

June 2 - 11, 2027

Father Reuben will be leading parishioners of St Helena, Mater Dolorosa, and St Dominic on our 2027 Pilgrimage to Medjugorje and Dubrovnik.

Pricing is Land Only. Flight booked individually closer to travel time. Non-refundable \$500 per person deposit due at registration.

Questions? Email Sandy Barnes at sandy.barnes3dtravelcompany.com



Baptism Seminars

If you are in need of a Baptism Seminar, please call the Church Office (985) 748-9057 to register.

The Seminar dates are:
Sunday, July 19, 2026 - following 9am Mass at St. Helena.
Tuesday, July 21, 2026 - 5:30pm at St. Helena.



WELCOME FR. OGEN

Fr. Adiriano Ogen will visit St. Helena next week, July 11th & 12th. He will be here to speak about his Mission Support for the Archdiocese of Tororo Uganda.

If you would like to know more about supporting Fr. Ogen's Mission, go to aot@tororoarchdiocese.org

Ministries

ST. VINCENT DE PAUL MEETINGS AT ST. HELENA
Every Monday in classroom 203 at 5pm. We are open to all who wish to live their faith by loving and serving their neighbor.

BIBLE STUDY AT ST. HELENA
In classroom 101 after 7:30am Mass. All are welcome to attend the Bible Study.

MATER DOLOROSA ROSARY FOR VOCATIONS
Will be held on the second Thursday of the month at 5:30pm at Mater Dolorosa Church.

KNIGHTS OF COLUMBUS MEETINGS

- Amite Knights of Columbus #10911 meets the first Tuesday of the month in classroom 101. Rosary 6pm, meeting 6:30pm.
- Independence Knights of Columbus #5627 meets the second Wednesday of each month at 6pm in the KC Hall.
- Visit our Facebook page at [Knights of Columbus St. Helena Council No 10911](#)

ST. HELENA CDA MEETINGS
Have you thought about becoming a Catholic Daughter? Please join us at 5:30pm in classroom 101 every second Monday.

PARISH COLLECTIONS		
Mater Dolorosa Collections	6/28/2026	\$ 6,008.35
Peter's Pence		\$ 287.00
Religious Education/Youth		\$ 345.00
<i>The second collection at Mater Dolorosa NEXT weekend (7/12) is for Mater Dolorosa School.</i>		
St. Helena Collections	6/28/2026	\$ 5,193.00
Peter's Pence		\$ 295.00
Religious Education/Youth		\$ 2,163.00
<i>The second collection at St. Helena NEXT weekend (7/12) is for Facilities & Maintenance.</i>		



TRUE DISCIPLE GIFT SHOP

Located on the St. Helena Campus
Monday-Saturday 8am-3pm, Sundays after 9am Mass
1-504-615-5478

Stop by to see new merchandise!
The Gift Shop will be closed Saturday, July 4.
We will be open Sunday, July 5 after 9:00am Mass.

This Week's Readings

MONDAY, JULY 6, 2026
Hosea 2:16, 17c-18, 21-22; Psalm 145; Matthew 9:18-26

TUESDAY, JULY 7, 2026
Hosea 8:4-7, 11-13; Psalm 115; Matthew 9:32-38

WEDNESDAY, JULY 8, 2026
Hosea 10:1-3, 7-8, 12; Psalm 105; Matthew 10:1-7

THURSDAY, JULY 9, 2026
Hosea 11:1-4, 8e-9; Psalm 80; Matthew 10:7-15

FRIDAY, JULY 10, 2026
Hosea 14:2-10; Psalm 51; Matthew 10:16-23

SATURDAY, JULY 11, 2026
Isaiah 6:1-8; Psalm 93; Matthew 10:24-33

SUNDAY, JULY 12, 2026
Isaiah 55:10-11; Psalm 65; Romans 8:18-23; Matthew 13:1-23

Ministers Schedule for July 11-12, 2026

St. Helena

MASS	DEACON	LECTORS	EUCHARISTIC MINISTERS	ALTAR SERVERS	SACRISTANS
7/11 4:00pm		S. Gifford, N. Gifford	A. Stevens, R. Mitchell, V. Pritchett, H. Hendry	P. Macalucso, L. Warner	C. Hayden
7/12 9:00am		G. Esteven, A. Corkern	D. Poche, M. Poche, C. Varnado, K. Varnado	A. Vosbein, E. Brouillette, N. Dees, C. Thompson	T. Currier

Mater Dolorosa • St. Dominic

MASS	DEACON	LECTORS	EUCHARISTIC MINISTERS	ALTAR SERVERS	SACRISTANS
7/11 4:00pm	Dcn. Eddie	D. Varisco		V. Greenfield, G. Faust, G. Dufrene	
7/12 8:15am	Dcn. Eddie	J. Robertson	J. Morel, C. Hamilton	J.M. Boudreaux, E. & M. Barnes	
7/12 11:00am	Dcn. Eddie	T. DiVittorio	J. & A. Costa	J. Messina, D. DiVittorio, B. Franicevic	

FOCUS ON FASTING

JULY INTENTIONS

- As we celebrate our nations 250th year, that we never take for granted the freedoms we have and of Gods great love and mercy that He pours out upon us daily.
- For constancy and dedication in our prayer life to enrich our faith, hope, and love.
- For an increase in priestly vocations.
- For the hastening of the Triumph of the Immaculate Heart of Mary.
- For the Grace of the New Pentecost to be poured out upon our parish communities





SACRAMENT OF BAPTISM
Baptisms are celebrated regularly throughout the year. Expectant parents should contact the Parish Office for information concerning Pre-Baptismal Preparation.

SACRAMENT OF MATRIMONY (WEDDINGS/CONVALIDATIONS)
Contact the Parish priest at least six (6) Months in advance from the date desired.

SACRAMENT OF THE SICK
Please notify the Parish Office if a family member is ill, homebound or hospitalized.

ENCOUNTER

THE PRESENCE OF JESUS



3rd Thursday of each month
Mater Dolorosa Catholic Church

5:30pm-7:00pm

Join us: July 16th, August 20th, September 17th

A nurse took the tired, anxious serviceman to the bedside.

“Your son is here,” she said to the old man. She had to repeat the words several times before the patient’s eyes opened.

Heavily sedated because of the pain of his heart attack, he dimly saw the young uniformed Marine standing outside the oxygen tent. He reached out his hand. The Marine wrapped his toughened fingers around the old man’s limp ones, squeezing a message of love and encouragement.

The nurse brought a chair so that the Marine could sit beside the bed. All through the night the young Marine sat there in the poorly lighted ward, holding the old man’s hand and offering him words of love and strength. Occasionally, the nurse suggested that the Marine move away and rest awhile.

He refused. Whenever the nurse came into the ward, the Marine was oblivious of her and of the night noises of the hospital - the clanking of the oxygen tank, the laughter of the night staff members exchanging greetings, the cries and moans of the other patients.

Now and then she heard him say a few gentle words. The dying man said nothing, only held tightly to his son all through the night.

Along towards dawn, the old man died. The Marine released the now lifeless hand he had been holding and went to tell the nurse. While she did what she had to do, he waited.

Finally, she returned. She started to offer words of sympathy, but the Marine interrupted her. “Who was that man?” he asked.

The nurse was startled, “He was your father,” she answered. “No, he wasn’t,” the Marine replied. “I never saw him before in my life.”

“Then why didn’t you say something when I took you to him?”

“I knew right away there had been a mistake, but I also knew he needed his son, and his son just wasn’t here.

When I realized that he was too sick to tell whether or not I was his son, knowing how much he needed me, I stayed.”

I came here tonight to find a Mr. William Grey. His Son was killed in Iraq today, and I was sent to inform him. What was this gentleman’s name? The Nurse with tears in her eyes answered, Mr. William Grey.

The next time someone needs you ... just be there. Stay.





Jesus the Way; Jesus the Truth; Jesus the Life...

Welcome back to another edition of Jesus the Way; Jesus the Truth; Jesus the Life. As a reminder, these articles are a deep dive into a particular part of the Sunday readings meant to help you pray with Sacred Scripture and deepen your relationship with Christ.

Our readings this Sunday follow the general theme of Christ as king and the acceptance of His kingship in your own life through the Holy Spirit. Jesus describes this kingship Himself in the gospel of Matthew as meek and humble (Matthew 11:29). Jesus’ kingship is a widely known and accepted attribute, but what are we supposed to do with this knowledge? The answer to this comes from our first reading.

The prophet Zechariah writes in the age known as the Return, which is where the Israelites were returning from their exile in Babylon. Thus, when Zechariah prophesies about the return of the king, he is not talking about the institution of king David or Solomon, as this had already happened. Obviously, Zechariah points to none other than Jesus.

What, then, does Zechariah tell us to do about the coming of the new king? In verse 9, he uses the Hebrew word gî·lî, which means to rejoice or exult (Hebrew Concordance). St. Didymus the Blind writes in his commentary on the Book of Zechariah, “The prophetic text gives an order to rejoice exceedingly and make an announcement at the coming of a king, who is both saving and righteous, and who is no one else but Jesus” (St. Didymus the Blind, Commentary on Zechariah). Thus, Zechariah’s prophetic writings give us both a clear view of Jesus’ meek and humble kingship and the command to rejoice and spread the good news of the peace that Christ our king gives us.



Evangelization & Catechesis

“THE CHURCH EXISTS TO EVANGELIZE.” SAINT POPE PAUL VI

Youth Nights

JR. HIGH SCHOOL • GRADES 5th - 8th • 5pm-7pm

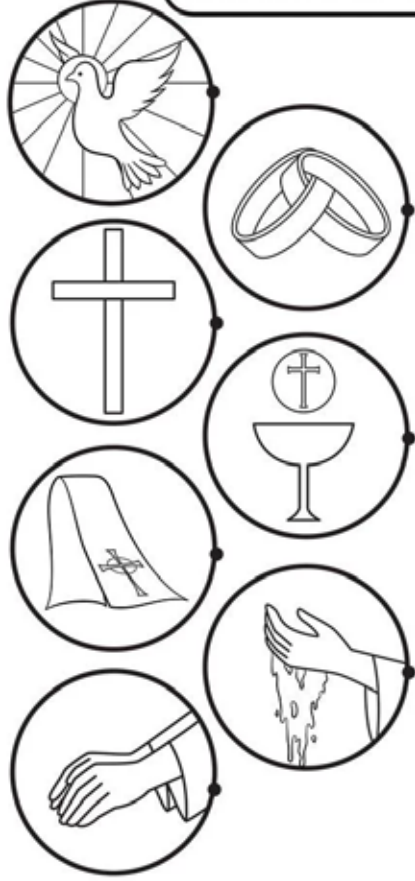
July 12 th	Jr. High Night at St. Helena
July 26 th	Jr. High Night at St. Helena

HIGH SCHOOL • GRADES 8th - 12th • 5pm-7pm

Monday July 6 th	High School Night at St. Helena
Monday July 20 th	High School Night at St. Dominic

**If you would like to join our GroupMe or provide a meal for the Youth, contact Brooke Danna at 985-474-9281.

What are the Sacraments?



- Baptism
- Communion
- Holy Orders
- Matrimony
- Anointing of the Sick
- Confirmation
- Reconciliation

There are seven sacraments. Match the name to the sacrament!

PARISH SCHOOL OF RELIGION (PSR)

FALL RELIGIOUS EDUCATION CLASSES

Join us for the new and improved PSR Nights, grades K-9th.

FIRST CLASS:

Sunday, August 16

5:00 PM

Children and youth are invited to grow in their faith through engaging religious education, prayer, and community.

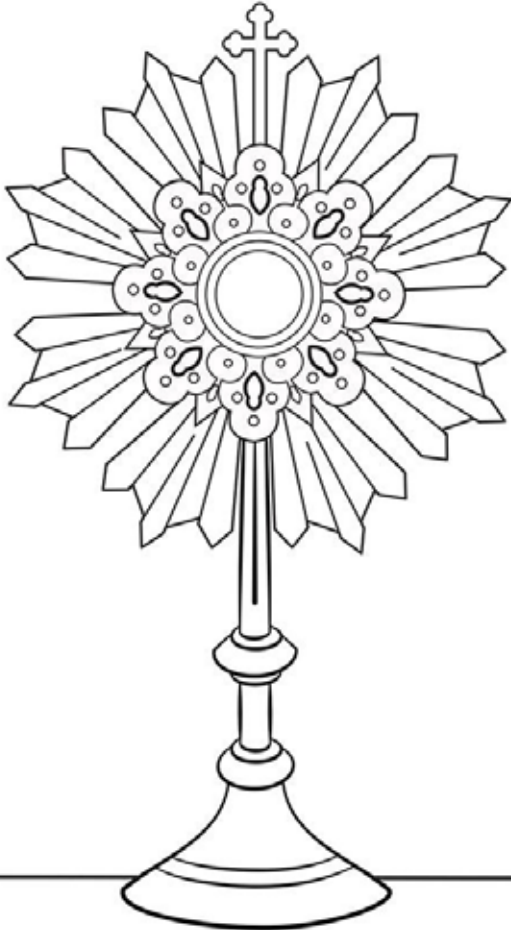
LOCATION:

St. Helena Catholic Church

More class dates coming soon!

For information, please contact the Parish Office: 985-748-9057

What is Prayer?



Prayer is not just asking God for what we want. It is listening to Him and spending time with Him.